



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## Detailed evaluation

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Club: 1.FC UNION BERLIN

Number: 160

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 20:43:49

Speed: 7.72 km/h

Running performance: 7:44 min/km

Rank in course/Total: 46 (of 246)

Rank in course/Men: 44 (of 211)

Best time in course: 13:06:52

Rank in category: 13(of 36)

Best time in the category: 15:19:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Mahnmahl P	9.02	1:01:21	6:48	21	15:35	91	20:25	9.02	1:01:21	6:48	21	15:35	91	20:25
VP2 - Schlesiische	5.98	35:24	5:55	17	7:00	66	9:18	15.00	1:36:45	6:27	19	22:35	81	29:43
VP3 - Sonnenalle	6.00	36:15	6:02	19	7:08	62	10:37	21.00	2:13:00	6:19	19	29:43	75	40:20
VP4 - Stubenrauc	5.73	35:00	6:06	18	6:24	66	9:45	26.73	2:48:00	6:17	19	35:45	72	50:05
VP5 - U-Bahnhof	4.30	29:27	6:50	16	5:00	59	8:20	31.03	3:17:27	6:21	19	38:32	70	57:19
VP6 - Buckower I	5.40	35:50	6:38	15	6:05	63	10:27	36.43	3:53:17	6:24	18	40:27	69	1:07:45
VP7 - Kirchhainer	5.54	37:59	6:51	20	6:54	75	11:48	41.97	4:31:16	6:27	19	46:50	72	1:18:56
VP8 - Lichtenradi	4.42	30:50	6:58	18	7:07	79	10:37	46.39	5:02:06	6:30	19	51:53	72	1:29:33
VP9 - Osdorfer St	5.77	38:46	6:43	14	7:51	56	12:34	52.16	5:40:52	6:32	19	58:58	68	1:41:29
VP10 - Sportplatz	6.41	46:48	7:18	12	10:51	57	18:00	58.57	6:27:40	6:37	16	1:09:49	63	1:57:55
VP11 - Königsw	6.18	46:22	7:30	17	12:40	82	17:29	64.75	7:14:02	6:42	17	1:17:21	64	2:14:33
VP12 - Gedenkst	6.18	57:11	9:15	24	22:55	127	25:44	70.93	8:11:13	6:55	17	1:38:57	66	2:39:36
VP13 - Brauhaus	6.84	47:35	6:57	13	7:27	41	23:58	77.77	8:58:48	6:55	17	1:43:23	64	2:54:48
VP14 - Revierförs	6.06	51:49	8:33	18	18:19	104	22:25	83.83	9:50:37	7:02	18	2:01:42	70	3:17:13
VP15 - Schloß Sa	6.20	53:21	8:36	12	17:53	45	23:34	90.03	10:43:58	7:09	16	2:19:35	59	3:40:47
VP16 - Pagel & Fi	7.63	59:30	7:47	11	17:09	50	23:06	97.66	11:43:28	7:12	16	2:36:44	59	4:03:26
VP17 - Wilhelmst	4.84	34:44	7:10	10	6:00	31	9:37	102.50	12:18:12	7:12	15	2:42:44	57	4:13:03
VP18 - Falkensee	6.58	52:33	7:59	13	16:01	53	19:05	109.08	13:10:45	7:14	13	2:58:45	53	4:31:25
VP19 - Schönwal	5.70	49:05	8:36	13	15:07	49	20:16	114.78	13:59:50	7:19	15	3:13:52	55	4:51:41
VP20 - Grenzturn	7.53	1:00:16	8:00	7	17:16	36	25:40	122.31	15:00:06	7:21	15	3:31:08	54	5:13:11
VP21 - Ruderclub	4.78	41:09	8:36	7	11:04	28	17:48	127.09	15:41:15	7:24	12	3:42:04	47	5:30:59
VP22 - Frohnau (	4.03	36:03	8:56	12	11:59	47	14:31	131.12	16:17:18	7:27	13	3:53:25	46	5:45:30
VP23 - Naturschu	6.78	52:11	7:41	9	11:34	28	18:25	137.90	17:09:29	7:27	12	4:03:41	44	6:03:55
VP24 - Oranienbu	4.75	37:13	7:50	9	8:10	24	11:21	142.65	17:46:42	7:28	12	4:11:51	44	6:14:42
VP25 - Lübars	5.69	51:47	9:06	16	18:54	62	22:27	148.34	18:38:29	7:32	12	4:30:45	43	6:37:09
VP26 - S-Bahnh	5.71	56:51	9:57	17	22:58	90	27:10	154.05	19:35:20	7:37	12	4:53:43	42	7:04:19
VP27 - Wollankst	3.09	27:37	8:56	24	15:16	138	15:16	157.14	20:02:57	7:39	12	5:06:57	43	7:18:11
Friedrich-Ludwig	3.76	40:52	10:52	20	17:06	103	20:15	160.90	20:43:49	7:43	13	5:24:03	44	7:36:57