



## 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

### Detailed evaluation

**Kramer, Bärbel**

Club: TSV 1860 Römhild

Number: 81

Course: 10.50 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 55:01

Speed: 10.91 km/h

Running performance: 5:14 min/km

Rank in course/Total: 40 (of 74)

Rank in course/Women: 6 (of 18)

Best time in course: 47:26

Rank in category: 3(of 6)

Best time in the category: 50:40