



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Dressel, Christian

Club: Meininger on Tour

Number: 40

Course: 10.50 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 55:38

Speed: 11.32 km/h

Running performance: 5:18 min/km

Rank in course/Total: 43 (of 74)

Rank in course/Men: 36 (of 56)

Best time in course: 39:11

Rank in category: 7(of 9)

Best time in the category: 42:18