



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Brinkmann, Lars

Club: Meiningen

Number: 67

Course: 10.50 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 55:45

Speed: 10.76 km/h

Running performance: 5:19 min/km

Rank in course/Total: 44 (of 74)

Rank in course/Men: 37 (of 56)

Best time in course: 39:11

Rank in category: 8(of 9)

Best time in the category: 42:18