



11. Werraenergie Pleßlauf Einzel
Breitungen / 24.08.2014

Detailed evaluation

Leinhos, Christiane

Club: Trusetal

Number: 86

Course: 10.50 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 56:36

Speed: 10.60 km/h

Running performance: 5:23 min/km

Rank in course/Total: 45 (of 74)

Rank in course/Women: 8 (of 18)

Best time in course: 47:26

Rank in category: 3(of 4)

Best time in the category: 47:29