



# 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

**Heymann, Peter**

Club: Laufftreff Hohe Maas

Number: 69

Course: 10.50 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 59:30

Speed: 10.08 km/h

Running performance: 5:40 min/km

Rank in course/Total: 52 (of 74)

Rank in course/Men: 42 (of 56)

Best time in course: 39:11

Rank in category: 4(of 6)

Best time in the category: 43:54