



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Rohloff, Manuela

Club: Merkers

Number: 28

Course: 10.50 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:00:36

Speed: 9.90 km/h

Running performance: 5:46 min/km

Rank in course/Total: 53 (of 74)

Rank in course/Women: 11 (of 18)

Best time in course: 47:26

Rank in category: 1(of 2)

Best time in the category: 1:00:36