



## 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

### Detailed evaluation

Engel, Simone

Club: Vacha

Number: 33

Course: 10.50 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:49

Speed: 9.40 km/h

Running performance: 6:05 min/km

Rank in course/Total: 61 (of 74)

Rank in course/Women: 13 (of 18)

Best time in course: 47:26

Rank in category: 2(of 2)

Best time in the category: 1:00:36