



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Krieghoff, Marcel

Club: USV Erfurt

Number: 332

Course: 30.00 km

30 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:55:42

Speed: 15.56 km/h

Running performance: 3:52 min/km

Rank in course/Total: 2 (of 25)

Rank in course/Men: 1 (of 21)

Best time in course: 1:55:42

Rank in category: 1(of 3)

Best time in the category: 1:55:42