



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Rink, Ludwig

Club: Strahlungen

Number: 13

Course: 10.50 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:06:41

Speed: 9.00 km/h

Running performance: 6:21 min/km

Rank in course/Total: 66 (of 74)

Rank in course/Men: 53 (of 56)

Best time in course: 39:11

Rank in category: 3(of 3)

Best time in the category: 54:01