



# 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

**Schrader, Bernd**

Club: PSV Meiningen

Number: 225

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:31:40

Speed: 13.75 km/h

Running performance: 4:20 min/km

Rank in course/Total: 7 (of 72)

Rank in course/Men: 7 (of 60)

Best time in course: 1:25:40

Rank in category: 1(of 9)

Best time in the category: 1:31:40