



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Heller, Detlev

Total time: 23:07

Number: 927

Speed: 12.98 km/h

Running performance: 4:37 min/km

Course: 5.00 km

Rank in course/Total: 15 (of 35)

Basilikalauf

Rank in course/Men: 12 (of 26)

Best time in course: 15:46

Category:

Rank in category: 1(of 2)

Senioren M50 (50-54 Jahre)

Best time in the category: 23:07