



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Prüfer, Christian

Club: Suhl

Number: 236

Course: 21.10 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:34:46

Speed: 13.30 km/h

Running performance: 4:29 min/km

Rank in course/Total: 10 (of 72)

Rank in course/Men: 10 (of 60)

Best time in course: 1:25:40

Rank in category: 4(of 12)

Best time in the category: 1:27:28