



# 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

**Kammler, Ronald**

Club: Klings

Number: 242

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:37:16

Speed: 12.95 km/h

Running performance: 4:37 min/km

Rank in course/Total: 14 (of 72)

Rank in course/Men: 14 (of 60)

Best time in course: 1:25:40

Rank in category: 2(of 10)

Best time in the category: 1:31:27