



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Hempel, Kristin

Club: KS-Sportsworld

Number: 333

Course: 30.00 km

30 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:11:36

Speed: 13.68 km/h

Running performance: 4:23 min/km

Rank in course/Total: 5 (of 25)

Rank in course/Women: 1 (of 4)

Best time in course: 2:11:36

Rank in category: 1(of 1)

Best time in the category: 2:11:36