



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Rausch, Rene

Club: Weilar

Number: 217

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:48:45

Speed: 11.59 km/h

Running performance: 5:09 min/km

Rank in course/Total: 25 (of 72)

Rank in course/Men: 25 (of 60)

Best time in course: 1:25:40

Rank in category: 5(of 6)

Best time in the category: 1:25:40