



11. Werraenergie Pleßlauf Einzel  
Breitungen / 24.08.2014

Detailed evaluation

Rausch, Rene

Club: Weilar  
Number: 217

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:48:45

Speed: 11.59 km/h  
Running performance: 5:09 min/km

Rank in course/Total: 25 (of 72)

Rank in course/Men: 25 (of 60)

Best time in course: 1:25:40

Rank in category: 5(of 6)

Best time in the category: 1:25:40