



# 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

**Michl, Ramona**

Club: Bad Salzungen

Number: 203

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:49:50

Speed: 11.47 km/h

Running performance: 5:13 min/km

Rank in course/Total: 28 (of 72)

Rank in course/Women: 1 (of 12)

Best time in course: 1:49:50

Rank in category: 1(of 2)

Best time in the category: 1:49:50