



11. Werraenergie Pleßlauf Einzel
Breitungen / 24.08.2014

Detailed evaluation

Romming, Nicole

Club: Fitness Oase Ohrdruf
Number: 229

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:54:29

Speed: 11.01 km/h
Running performance: 5:26 min/km

Rank in course/Total: 41 (of 72)
Rank in course/Women: 3 (of 12)
Best time in course: 1:49:50

Rank in category: 1(of 2)
Best time in the category: 1:54:29