



# 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

**Kühhirt, Marco**

Club: RTV Haselgrund

Number: 323

Course: 30.00 km

30 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:25:49

Speed: 12.34 km/h

Running performance: 4:52 min/km

Rank in course/Total: 9 (of 25)

Rank in course/Men: 8 (of 21)

Best time in course: 1:55:42

Rank in category: 1(of 2)

Best time in the category: 2:25:49