



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Wilck, Andreas

Club: Sömmerdaer Gipfelstürmer

Number: 2001

Course: 30.00 km

30 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:27:21

Speed: 12.22 km/h

Running performance: 4:55 min/km

Rank in course/Total: 10 (of 25)

Rank in course/Men: 9 (of 21)

Best time in course: 1:55:42

Rank in category: 1(of 4)

Best time in the category: 2:27:21