



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Münch, Dirk

Club: Kulkiflitzer Leipzig

Number: 279

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:04:48

Speed: 10.10 km/h

Running performance: 5:55 min/km

Rank in course/Total: 54 (of 72)

Rank in course/Men: 50 (of 60)

Best time in course: 1:25:40

Rank in category: 5(of 6)

Best time in the category: 1:25:40