



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Becker, Lars

Club: SG Glücksbrunn Schweina
Number: 307

Course: 30.00 km
30 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:36:05

Speed: 11.53 km/h
Running performance: 5:12 min/km

Rank in course/Total: 13 (of 25)

Rank in course/Men: 12 (of 21)

Best time in course: 1:55:42

Rank in category: 2(of 4)

Best time in the category: 2:27:21