



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Stander, Daniela

Club: TLV-LT Eichenzell

Number: 319

Course: 30.00 km

30 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:41:18

Speed: 11.16 km/h

Running performance: 5:23 min/km

Rank in course/Total: 15 (of 25)

Rank in course/Women: 2 (of 4)

Best time in course: 2:11:36

Rank in category: 1(of 1)

Best time in the category: 2:41:18