



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Gnauck, Dick

Club: ASV Erfurt

Number: 214

Course: 21.10 km

Nordic Walking lang

Category:

Nordic Walking Männer

Total time: 2:44:51

Speed: 7.64 km/h

Running performance: 7:49 min/km

Rank in course/Total: 4 (of 8)

Rank in course/Men: 3 (of 6)

Best time in course: 2:21:24

Rank in category: 3(of 6)

Best time in the category: 2:21:24