



11. Werraenergie Pleßlauf Einzel
Breitungen / 24.08.2014

Detailed evaluation

Trautmann, Jürgen

Club: Barchfeld
Number: 306

Course: 30.00 km
30 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:46:43

Speed: 10.80 km/h
Running performance: 5:34 min/km

Rank in course/Total: 16 (of 25)

Rank in course/Men: 14 (of 21)

Best time in course: 1:55:42

Rank in category: 3(of 6)

Best time in the category: 2:14:01