



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Groch-Spiegler, Anja

Club: Bad Liebenstein

Number: 232

Course: 21.10 km

Nordic Walking lang

Category:

Nordic Walking Frauen

Total time: 2:54:51

Speed: 7.24 km/h

Running performance: 8:17 min/km

Rank in course/Total: 6 (of 8)

Rank in course/Women: 2 (of 2)

Best time in course: 2:10:00

Rank in category: 2(of 2)

Best time in the category: 2:10:00