



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Müller-Patz, Armin

Club: Ebersburg

Number: 310

Course: 30.00 km

30 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:57:27

Speed: 10.14 km/h

Running performance: 5:55 min/km

Rank in course/Total: 22 (of 25)

Rank in course/Men: 19 (of 21)

Best time in course: 1:55:42

Rank in category: 4(of 6)

Best time in the category: 2:14:01