



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Strecker, Elke

Club: Immelborn

Number: 308

Course: 30.00 km

30 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:58:53

Speed: 10.06 km/h

Running performance: 5:58 min/km

Rank in course/Total: 23 (of 25)

Rank in course/Women: 4 (of 4)

Best time in course: 2:11:36

Rank in category: 1(of 1)

Best time in the category: 2:58:53