



# 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

**Remde, Annette**

Club: LT Altensteiner Oberland

Number: 265

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:39:11

Speed: 7.92 km/h

Running performance: 7:32 min/km

Rank in course/Total: 71 (of 72)

Rank in course/Women: 12 (of 12)

Best time in course: 1:49:50

Rank in category: 5(of 5)

Best time in the category: 2:13:36