



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

wagner, hartmut

Club: zella-mehlis

Number: 215

Course: 21.10 km

Nordic Walking lang

Category:

Nordic Walking Männer

Total time: 3:26:27

Speed: 6.13 km/h

Running performance: 9:47 min/km

Rank in course/Total: 8 (of 8)

Rank in course/Men: 6 (of 6)

Best time in course: 2:21:24

Rank in category: 6(of 6)

Best time in the category: 2:21:24