



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Marr, Kai

Club: Team Backhaus Jäger

Number: 931

Course: 5.00 km

Basilikalauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 20:13

Speed: 14.84 km/h

Running performance: 4:02 min/km

Rank in course/Total: 9 (of 35)

Rank in course/Men: 8 (of 26)

Best time in course: 15:46

Rank in category: 1(of 3)

Best time in the category: 20:13