



# 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

**Valle, Blanchard**

Club: ISA Runners

Number: 909

Course: 5.00 km

Basilikalauf

Category:

Frauen (20-29 Jahre)

Total time: 22:39

Speed: 13.25 km/h

Running performance: 4:32 min/km

Rank in course/Total: 14 (of 35)

Rank in course/Women: 3 (of 9)

Best time in course: 19:44

Rank in category: 1(of 2)

Best time in the category: 22:39