



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Schaub, Andreas

Club: Fitness Oase Ohrtruf

Number: 929

Course: 5.00 km

Basilikalauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 26:29

Speed: 11.33 km/h

Running performance: 5:18 min/km

Rank in course/Total: 28 (of 35)

Rank in course/Men: 21 (of 26)

Best time in course: 15:46

Rank in category: 3(of 3)

Best time in the category: 20:13