



11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

Detailed evaluation

Gräf, Walter

Club: SK Nordisch Tabarz

Number: 928

Course: 5.00 km

Basilikalauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 27:58

Speed: 10.73 km/h

Running performance: 5:35 min/km

Rank in course/Total: 34 (of 35)

Rank in course/Men: 25 (of 26)

Best time in course: 15:46

Rank in category: 1(of 1)

Best time in the category: 27:58