



## 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

### Detailed evaluation

**Glazik, Dariusz**

Club: Bytow

Number: 1

Course: 10.50 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 44:48

Speed: 13.39 km/h

Running performance: 4:16 min/km

Rank in course/Total: 14 (of 74)

Rank in course/Men: 14 (of 56)

Best time in course: 39:11

Rank in category: 4(of 9)

Best time in the category: 42:18