



# 11. Werraenergie Pleißlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

Ernst, Marcel

Total time: 49:55

Number: 72

Speed: 12.02 km/h

Running performance: 4:45 min/km

Course: 10.50 km

Rank in course/Total: 22 (of 74)

10 km Lauf

Rank in course/Men: 20 (of 56)

Best time in course: 39:11

Category:

Rank in category: 4(of 6)

Männer (20-29 Jahre)

Best time in the category: 39:11