



# 11. Werraenergie Pleßlauf Einzel

Breitungen / 24.08.2014

## Detailed evaluation

**Bohl, Martin**

Club: ZEPT Tabarz

Number: 37

Course: 10.50 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 51:59

Speed: 11.54 km/h

Running performance: 4:57 min/km

Rank in course/Total: 30 (of 74)

Rank in course/Men: 26 (of 56)

Best time in course: 39:11

Rank in category: 3(of 4)

Best time in the category: 48:25