



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

**Knoll, Martin**

Club: LG Bad Frankenhausen Göllingen  
Number: 834

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 18:23

Speed: 16.32 km/h  
Running performance: 3:41 min/km

Rank in course/Total: 3 (of 152)

Rank in course/Men: 3 (of 108)

Best time in course: 16:38

Rank in category: 1(of 25)

Best time in the category: 18:23