



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Kassner, Uwe

Club: LG Göttingen
Number: 889

Course: 5.00 km
5 km-Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 19:12

Speed: 15.63 km/h
Running performance: 3:50 min/km

Rank in course/Total: 6 (of 152)

Rank in course/Men: 6 (of 108)

Best time in course: 16:38

Rank in category: 1(of 2)

Best time in the category: 19:12