



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Porzelt, Dominik

Number: 820

Course: 5.00 km
5 km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 19:29

Speed: 15.40 km/h

Running performance: 3:54 min/km

Rank in course/Total: 8 (of 152)

Rank in course/Men: 8 (of 108)

Best time in course: 16:38

Rank in category: 1(of 10)

Best time in the category: 19:29