



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Zenge, Martin

Club: Niederdorla
Number: 808

Course: 5.00 km
5 km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 19:31

Speed: 15.37 km/h
Running performance: 3:54 min/km

Rank in course/Total: 9 (of 152)

Rank in course/Men: 9 (of 108)

Best time in course: 16:38

Rank in category: 4(of 25)

Best time in the category: 18:23