



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Degenhardt, Matthias

Club: Wendehausen
Number: 825

Course: 5.00 km
5 km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 20:31

Speed: 14.62 km/h
Running performance: 4:06 min/km

Rank in course/Total: 14 (of 152)

Rank in course/Men: 14 (of 108)

Best time in course: 16:38

Rank in category: 2(of 17)

Best time in the category: 20:00