



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Olschewski, Jörg

Club: FC Rote Beete
Number: 893

Course: 5.00 km
5 km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 19:08

Speed: 15.68 km/h
Running performance: 3:50 min/km

Rank in course/Total: 5 (of 152)

Rank in course/Men: 5 (of 108)

Best time in course: 16:38

Rank in category: 3(of 25)

Best time in the category: 18:23