



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Riechel, Thomas

Club: Schwarzenberg  
Number: 895

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 24:50

Speed: 12.08 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 50 (of 152)

Rank in course/Men: 46 (of 108)

Best time in course: 16:38

Rank in category: 4(of 8)

Best time in the category: 22:59