



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

**Kapell, Tim**

Club: Mühlhausen  
Number: 814

Course: 5.00 km  
5 km-Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 24:51

Speed: 12.07 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 51 (of 152)

Rank in course/Men: 48 (of 108)

Best time in course: 16:38

Rank in category: 2(of 3)

Best time in the category: 21:31