



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Heilwagen, Axel

Club: Mühlhausen  
Number: 898

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 24:53

Speed: 12.06 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 53 (of 152)

Rank in course/Men: 50 (of 108)

Best time in course: 16:38

Rank in category: 3(of 10)

Best time in the category: 19:29