



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer
Number: 757

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 25:22

Speed: 11.83 km/h
Running performance: 5:04 min/km

Rank in course/Total: 60 (of 152)

Rank in course/Women: 7 (of 44)

Best time in course: 22:03

Rank in category: 1(of 4)

Best time in the category: 25:22