



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Vollrath, Thomas

Club: Mühlhausen
Number: 813

Course: 5.00 km
5 km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 25:30

Speed: 11.76 km/h
Running performance: 5:06 min/km

Rank in course/Total: 63 (of 152)

Rank in course/Men: 56 (of 108)

Best time in course: 16:38

Rank in category: 18(of 25)

Best time in the category: 18:23