



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Jarek, Andreas

Club: Reichenbach
Number: 762

Course: 5.00 km
5 km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 25:39

Speed: 11.70 km/h
Running performance: 5:08 min/km

Rank in course/Total: 69 (of 152)

Rank in course/Men: 60 (of 108)

Best time in course: 16:38

Rank in category: 8(of 17)

Best time in the category: 20:00