



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Kühler, Sebastian

Club: Mühlhausen  
Number: 883

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 26:09

Speed: 11.47 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 77 (of 152)

Rank in course/Men: 66 (of 108)

Best time in course: 16:38

Rank in category: 6(of 8)

Best time in the category: 22:59